

CNA Practice Test 4 (50 Questions Answers)

51. Decubitus ulcers may develop in patients who are

- a. incontinent
- b. paralyzed
- c. poorly nourished
- d. all of the above

Answer __

52. The proper procedure for washing the female resident's perineal area is to

- a. clean from front to back
- b. clean the rectal area last
- c. pat dry thoroughly
- d. do all of the above

Answer __

53. Frequent mouth care should be given to residents who

- a. receive oxygen therapy
- b. are unconscious
- c. receive tube feedings
- d. all of the above

Answer __

54. Using the Bass method, a patient's teeth are to be brushed

- a. up and down
- b. for at least ten minutes
- c. with circular motions
- d. all of the above

Answer __

55. When a resident complains that his dentures are hurting, you should

- a. encourage him to wear the dentures more often
- b. report the complaint to the charge nurse
- c. report the complaint to the physician
- d. put the dentures on the bedside table

Answer __

56. The first thing you should do before giving a patient a tub bath is to

- a. make sure the tub is clean
- b. check the temperature of the water
- c. make sure there is an order for it
- d. gather necessary supplies

Answer __

57. The resident's religion forbids eating pork. Ham is being served for lunch. You should

- a. tell the resident to eat it because she needs protein
- b. tell the resident it's all right since her doctor ordered the diet
- c. ask the nurse to call the kitchen
- d. tell the resident that restrictions don't pertain in times of illness

Answer ___

58. It is important to remember that dying residents

- a. have the same needs for care as other patients
- b. need to be by themselves in a quiet room
- c. do not need to be consulted regarding their care
- d. are usually in pain

Answer ___

59. Dying residents and their families

- a. always pass through five stages of dying in order
- b. always accept death before it occurs
- c. may go back and forth among the five stages
- d. must go through all stages of dying before they die

Answer ___

60. A sign of dementia in elderly patients is

- a. a need to eat regular meals
- b. not knowing who and where they are
- c. an ability to figure out problems
- d. a good memory for recent events

Answer ___

61. Residents with Alzheimer's disease may show which of the following signs/symptoms?

- a. physical and mental wasting away
- b. extremely clear memory
- c. frequent pacing or wandering
- d. a and c only

Answer ___

62. When a patient turns on the call bell every few minutes, the appropriate response is to

- a. ask the patient not to call so often
- b. stop by the room more often
- c. place the call bell out of reach
- d. tell the patient how busy you are

Answer ___

63. Many older adults suffer loss of

- a. income
- b. physical strength
- c. loved ones
- d. all of the above

Answer ___

64. How a patient reacts to illness and disability is most dependent on his or her

- a. age and stage of life
- b. spouse's support
- c. income and level of education
- d. support system and life history

Answer ___

65. An 85-year-old resident tells you that his mother is coming to visit. Your best response would be,

- a. That's impossible. Your mother can't come to see you.
- b. That's nice, when is she coming?
- c. Tell me how old your mother is.
- d. Are you wishing you could see your mother?

Answer __

66. In the long-term care facility, the family members should be asked to

- a. leave during treatments
- b. attend care-planning meetings
- c. avoid visiting during mealtimes
- d. help perform patient care

Answer __

67. Sexuality in long-term care patients may include all of the following EXCEPT

- a. needing private time with a partner
- b. caring about one's physical appearance
- c. engaging in public fondling
- d. desiring sexual interaction

Answer __

68. A patient hits you during lunch. You should

- a. call the charge nurse for help
- b. continue to feed her
- c. apply a restraint
- d. yell at her to stop hitting you

Answer __

69. The nursing assistant must report abuse of a resident by

- a. the family
- b. the staff
- c. another patient
- d. all of the above

Answer __

70. A cane should be used on

- a. the affected (weak) side of the body
- b. the unaffected (strong) side of the body
- c. the side with the strongest arm
- d. the weak side one day, strong side next day

Answer __

71. When using crutches, the resident's weight must rest on the

- a. armpits
- b. spine
- c. handrests
- d. knees

Answer __

72. A walker may be used if the resident can

- a. support some weight

- b. use her hands well
- c. balance without help
- d. walk independently

Answer __

73. Correct ROM for the neck includes

- a. pronation, supination, flexion
- b. rotation, abduction, adduction
- c. abduction, adduction, flexion, extension
- d. flexion, extension, rotation

Answer __

74. Which of the following statements about ROM is FALSE?

- a. Active ROM means the resident does the exercises.
- b. Passive ROM means the nursing assistant does the exercises.
- c. Active ROM means the nursing assistant does the exercises.
- d. Active ROM is best, if possible.

Answer __

75. If the patient is in traction, you should never

- a. monitor affected skin temperature
- b. give a total bed bath
- c. change the position of weights
- d. monitor distal pulses

Answer __

76. To transfer a resident correctly from a bed to a stretcher, you must

- a. use good body mechanics
- b. use a Hoyer lift
- c. use at least six co-workers
- d. raise the far side rail of the stretcher first

Answer __

77. If the chains on a mechanical Hoyer lift with a chair-type seat are uneven, then the

- a. shorter end goes toward the patient's feet
- b. shorter end goes toward the patient's head
- c. lift cannot be used
- d. it does not matter

Answer __

78. When a resident with a cast complains of itching, the nursing assistant should

- a. wash the exposed skin and pat dry
- b. discourage the resident from scratching
- c. report it to the charge nurse
- d. do all of the above

Answer __

79. Which statement about mentally handicapped patients is correct?

- a. They usually have no ADL skills.
- b. They are usually bedbound.
- c. They can learn, but at a slow pace.

- d. They are dangerous because they are always strong.

Answer __

80. When helping a resident use a walker, you should tell him to

- a. move the walker and his feet at the same time
- b. move the walker, place the walker firmly, and step
- c. move the walker and then slide his feet
- d. take several steps, slide the walker, and then place the walker firmly

Answer __

81. The purpose of correctly positioning the patient is to

- a. prevent skin breakdown
- b. maintain function of joints and muscles
- c. increase comfort
- d. do all of the above

Answer __

82. To move a resident with a fractured hip, you would

- a. roll her toward the affected side
- b. roll her toward the unaffected side
- c. use an abduction pillow
- d. check the physician's order

Answer __

83. The most important goal of bladder training is to

- a. decrease the cost of care
- b. stop urinary incontinence
- c. prevent embarrassment to staff members
- d. reduce bed changes

Answer __

84. Which statement about bowel and bladder training is correct?

- a. It should always be completed within two weeks.
- b. It should include every person on the health care team.
- c. It should include the use of diapers to prevent embarrassment.
- d. It is necessary for all residents.

Answer __

85. Security for a resident's dentures includes

- a. keeping them in a tissue in a dresser drawer
- b. placing them in a labeled denture cup
- c. insisting the resident wear the dentures
- d. placing an identifying mark on the dentures

Answer __

86. If family members bring new clothes in for a resident, you should make sure the

- a. clothes are put in the resident's dresser drawers
- b. clothes are labeled with the resident's name
- c. family removes an equal number of old clothes
- d. charge nurse sees the clothes

Answer __

87. The charge nurse instructs you to clean a resident's closet. You should

- a. throw away all torn clothes
- b. ask the family to come do it
- c. enlist the help of the resident
- d. tell the nurse you are too busy

Answer ___

88. Before dressing a resident, you should

- a. close the door and pull the curtain
- b. choose the proper clothes
- c. check for a doctor's order
- d. do all of the above

Answer ___

89. Confidentiality refers to

- a. never sharing information with anyone
- b. the right of the patient to privacy
- c. only sharing information with those involved in the resident's care
- d. both b and c

Answer ___

90. A patient's dentures are lost. You should

- a. notify the administrator
- b. look for them
- c. notify the doctor
- d. notify the charge nurse

Answer ___

91. As a nursing assistant, it is your responsibility to

- a. plan the resident's care
- b. do the tasks the supervisor assigns to you
- c. do the best you can without asking for help
- d. compare assignments with your co-workers

Answer ___

92. Maintaining good interpersonal relationships depends on

- a. going along with the crowd
- b. communicating clearly with others
- c. following orders without questioning
- d. doing all of the above

Answer ___

93. If you do not know how to do an assigned task, you should

- a. call another nursing assistant for help
- b. ask the patient how she prefers to have it done
- c. call the charge nurse and ask for help
- d. follow the instructions in the procedural manual

Answer ___

94. Reporting exactly what you see is an example of a (an)_____ observation.

- a. clinical
- b. objective
- c. personal

- d. subjective

Answer __

95. When caring for a resident who has just been placed on NPO, you should

- a. encourage the patient not to think about food and water
- b. encourage the resident to eat and drink
- c. remove the water pitcher and all items of food and drink
- d. give the patient meticulous mouth care

Answer __

96. The purpose of using restraints is to

- a. position an atrophied extremity
- b. protect the resident and others from injury
- c. prevent wandering in the halls
- d. do all of the above

Answer __

97. Failure to raise the side rails on the bed of a confused patient is an act of

- a. malpractice
- b. negligence
- c. overt commission
- d. breaking a criminal law

Answer __

98. During a job interview you should tell the interviewer about your

- a. scheduling needs
- b. child care needs
- c. qualifications
- d. all of the above

Answer __

99. When you are unable to work due to illness, you should

- a. arrange for someone to cover for you
- b. call the facility as early as possible
- c. call your charge nurse an hour before your scheduled time
- d. notify the facility at least 30 minutes before your scheduled time

Answer __

100. The primary reason for laundering a nursing uniform after each day's wearing is to

- a. look professional
- b. look neat
- c. remove body odor
- d. prevent the spread of germs

Answer __

Answers and Explanation Link

<https://gotestprep.com/cna-practice-exam>