**CNA Practice Test 4 (50 Questions Answers)**

**51. Decubitus ulcers may develop in patients who are**

* a. incontinent
* b. paralyzed
* c. poorly nourished
* d. all of the above

**Answer \_\_**

**52. The proper procedure for washing the female resident’s perineal area is to**

* a. clean from front to back
* b. clean the rectal area last
* c. pat dry thoroughly
* d. do all of the above

**Answer \_\_**

**53. Frequent mouth care should be given to residents who**

* a. receive oxygen therapy
* b. are unconscious
* c. receive tube feedings
* d. all of the above

**Answer \_\_**

**54. Using the Bass method, a patient’s teeth are to be brushed**

* a. up and down
* b. for at least ten minutes
* c. with circular motions
* d. all of the above

**Answer \_\_**

**55. When a resident complains that his dentures are hurting, you should**

* a. encourage him to wear the dentures more often
* b. report the complaint to the charge nurse
* c. report the complaint to the physician
* d. put the dentures on the bedside table

**Answer \_\_**

**56. The first thing you should do before giving a patient a tub bath is to**

* a. make sure the tub is clean
* b. check the temperature of the water
* c. make sure there is an order for it
* d. gather necessary supplies

**Answer \_\_**

**57. The resident’s religion forbids eating pork. Ham is being served for lunch. You should**

* a. tell the resident to eat it because she needs protein
* b. tell the resident it’s all right since her doctor ordered the diet
* c. ask the nurse to call the kitchen
* d. tell the resident that restrictions don’t pertain in times of illness

**Answer \_\_**

**58. It is important to remember that dying residents**

* a. have the same needs for care as other patients
* b. need to be by themselves in a quiet room
* c. do not need to be consulted regarding their care
* d. are usually in pain

**Answer \_\_**

**59. Dying residents and their families**

* a. always pass through five stages of dying in order
* b. always accept death before it occurs
* c. may go back and forth among the five stages
* d. must go through all stages of dying before they die

**Answer \_\_**

**60. A sign of dementia in elderly patients is**

* a. a need to eat regular meals
* b. not knowing who and where they are
* c. an ability to figure out problems
* d. a good memory for recent events

**Answer \_\_**

**61. Residents with Alzheimer’s disease may show which of the following signs/symptoms?**

* a. physical and mental wasting away
* b. extremely clear memory
* c. frequent pacing or wandering
* d. a and c only

**Answer \_\_**

**62. When a patient turns on the call bell every few minutes, the appropriate response is to**

* a. ask the patient not to call so often
* b. stop by the room more often
* c. place the call bell out of reach
* d. tell the patient how busy you are

**Answer \_\_**

**63. Many older adults suffer loss of**

* a. income
* b. physical strength
* c. loved ones
* d. all of the above

**Answer \_\_**

**64. How a patient reacts to illness and disability is most dependent on his or her**

* a. age and stage of life
* b. spouse’s support
* c. income and level of education
* d. support system and life history

**Answer \_\_**

**65. An 85-year-old resident tells you that his mother is coming to visit. Your best response would be,**

* a. That’s impossible. Your mother can’t come to see you.
* b. That’s nice, when is she coming?
* c. Tell me how old your mother is.
* d. Are you wishing you could see your mother?

**Answer \_\_**

**66. In the long-term care facility, the family members should be asked to**

* a. leave during treatments
* b. attend care-planning meetings
* c. avoid visiting during mealtimes
* d. help perform patient care

**Answer \_\_**

**67. Sexuality in long-term care patients may include all of the following EXCEPT**

* a. needing private time with a partner
* b. caring about one’s physical appearance
* c. engaging in public fondling
* d. desiring sexual interaction

**Answer \_\_**

**68. A patient hits you during lunch. You should**

* a. call the charge nurse for help
* b. continue to feed her
* c. apply a restraint
* d. yell at her to stop hitting you

**Answer \_\_**

**69. The nursing assistant must report abuse of a resident by**

* a. the family
* b. the staff
* c. another patient
* d. all of the above

**Answer \_\_**

**70. A cane should be used on**

* a. the affected (weak) side of the body
* b. the unaffected (strong) side of the body
* c. the side with the strongest arm
* d. the weak side one day, strong side next day

**Answer \_\_**

**71. When using crutches, the resident’s weight must rest on the**

* a. armpits
* b. spine
* c. handrests
* d. knees

**Answer \_\_**

**72. A walker may be used if the resident can**

* a. support some weight
* b. use her hands well
* c. balance without help
* d. walk independently

**Answer \_\_**

**73. Correct ROM for the neck includes**

* a. pronation, supination, flexion
* b. rotation, abduction, adduction
* c. abduction, adduction, flexion, extension
* d. flexion, extension, rotation

**Answer \_\_**

**74. Which of the following statements about ROM is FALSE?**

* a. Active ROM means the resident does the exercises.
* b. Passive ROM means the nursing assistant does the exercises.
* c. Active ROM means the nursing assistant does the exercises.
* d. Active ROM is best, if possible.

**Answer \_\_**

**75. If the patient is in traction, you should never**

* a. monitor affected skin temperature
* b. give a total bed bath
* c. change the position of weights
* d. monitor distal pulses

**Answer \_\_**

**76. To transfer a resident correctly from a bed to a stretcher, you must**

* a. use good body mechanics
* b. use a Hoyer lift
* c. use at least six co-workers
* d. raise the far side rail of the stretcher first

**Answer \_\_**

**77. If the chains on a mechanical Hoyer lift with a chair-type seat are uneven, then the**

* a. shorter end goes toward the patient’s feet
* b. shorter end goes toward the patient’s head
* c. lift cannot be used
* d. it does not matter

**Answer \_\_**

**78. When a resident with a cast complains of itching, the nursing assistant should**

* a. wash the exposed skin and pat dry
* b. discourage the resident from scratching
* c. report it to the charge nurse
* d. do all of the above

**Answer \_\_**

**79. Which statement about mentally handicapped patients is correct?**

* a. They usually have no ADL skills.
* b. They are usually bedbound.
* c. They can learn, but at a slow pace.
* d. They are dangerous because they are always strong.

**Answer \_\_**

**80. When helping a resident use a walker, you should tell him to**

* a. move the walker and his feet at the same time
* b. move the walker, place the walker firmly, and step
* c. move the walker and then slide his feet
* d. take several steps, slide the walker, and then place the walker firmly

**Answer \_\_**

**81. The purpose of correctly positioning the patient is to**

* a. prevent skin breakdown
* b. maintain function of joints and muscles
* c. increase comfort
* d. do all of the above

**Answer \_\_**

**82. To move a resident with a fractured hip, you would**

* a. roll her toward the affected side
* b. roll her toward the unaffected side
* c. use an abduction pillow
* d. check the physician’s order

**Answer \_\_**

**83. The most important goal of bladder training is to**

* a. decrease the cost of care
* b. stop urinary incontinence
* c. prevent embarrassment to staff members
* d. reduce bed changes

**Answer \_\_**

**84. Which statement about bowel and bladder training is correct?**

* a. It should always be completed within two weeks.
* b. It should include every person on the health care team.
* c. It should include the use of diapers to prevent embarrassment.
* d. It is necessary for all residents.

**Answer \_\_**

**85. Security for a resident’s dentures includes**

* a. keeping them in a tissue in a dresser drawer
* b. placing them in a labeled denture cup
* c. insisting the resident wear the dentures
* d. placing an identifying mark on the dentures

**Answer \_\_**

**86. If family members bring new clothes in for a resident, you should make sure the**

* a. clothes are put in the resident’s dresser drawers
* b. clothes are labeled with the resident’s name
* c. family removes an equal number of old clothes
* d. charge nurse sees the clothes

**Answer \_\_**

**87. The charge nurse instructs you to clean a resident’s closet. You should**

* a. throw away all torn clothes
* b. ask the family to come do it
* c. enlist the help of the resident
* d. tell the nurse you are too busy

**Answer \_\_**

**88. Before dressing a resident, you should**

* a. close the door and pull the curtain
* b. choose the proper clothes
* c. check for a doctor’s order
* d. do all of the above

**Answer \_\_**

**89. Confidentiality refers to**

* a. never sharing information with anyone
* b. the right of the patient to privacy
* c. only sharing information with those involved in the resident’s care
* d. both b and c

**Answer \_\_**

**90. A patient’s dentures are lost. You should**

* a. notify the administrator
* b. look for them
* c. notify the doctor
* d. notify the charge nurse

**Answer \_\_**

**91. As a nursing assistant, it is your responsibility to**

* a. plan the resident’s care
* b. do the tasks the supervisor assigns to you
* c. do the best you can without asking for help
* d. compare assignments with your co-workers

**Answer \_\_**

**92. Maintaining good interpersonal relationships depends on**

* a. going along with the crowd
* b. communicating clearly with others
* c. following orders without questioning
* d. doing all of the above

**Answer \_\_**

**93. If you do not know how to do an assigned task, you should**

* a. call another nursing assistant for help
* b. ask the patient how she prefers to have it done
* c. call the charge nurse and ask for help
* d. follow the instructions in the procedural manual

**Answer \_\_**

**94. Reporting exactly what you see is an example of a (an)\_\_\_\_\_ observation.**

* a. clinical
* b. objective
* c. personal
* d. subjective

**Answer \_\_**

**95. When caring for a resident who has just been placed on NPO, you should**

* a. encourage the patient not to think about food and water
* b. encourage the resident to eat and drink
* c. remove the water pitcher and all items of food and drink
* d. give the patient meticulous mouth care

**Answer \_\_**

**96. The purpose of using restraints is to**

* a. position an atrophied extremity
* b. protect the resident and others from injury
* c. prevent wandering in the halls
* d. do all of the above

**Answer \_\_**

**97. Failure to raise the side rails on the bed of a confused patient is an act of**

* a. malpractice
* b. negligence
* c. overt commission
* d. breaking a criminal law

**Answer \_\_**

**98. During a job interview you should tell the interviewer about your**

* a. scheduling needs
* b. child care needs
* c. qualifications
* d. all of the above

**Answer \_\_**

**99. When you are unable to work due to illness, you should**

* a. arrange for someone to cover for you
* b. call the facility as early as possible
* c. call your charge nurse an hour before your scheduled time
* d. notify the facility at least 30 minutes before your scheduled time

**Answer \_\_**

**100. The primary reason for laundering a nursing uniform after each day’s wearing is to**

* a. look professional
* b. look neat
* c. remove body odor
* d. prevent the spread of germs

**Answer \_\_**

Answers and Explanation Link

[https://gotestprep.com/cna-practice-exam](https://gotestprep.com/cna-practice-exam/)